

# **Aquatic Sport Specific Structured Risk Management Assessment and Mitigation**

**MWKC Squad Training**  
**Tuesdays and Thursdays**  
**4.30PM**  
**Peter Grimes – Squad Coach**

## **PART ONE: OPERATIONAL PLAN**

### **INTRODUCTION**

The following risk assessment is provided to facilitate the re-commencement of the afternoon MWKC squad sessions with Peter Grimes. This is based upon "Sport Australia's Return to Play Protocol". Every Club is required to develop a risk assessment for every organised activity that they undertake.

### **EVENT COORDINATION/MANAGEMENT**

At level B restrictions still apply. You must still socially distance but may operate in groups of up to 10 people. There are still requirements on sanitising equipment and use of communal facilities for this activity are prohibited ie change room and gym. Please plan to arrive early if you need to access the shed as a requirement of 4m<sup>2</sup> per person applies and consequently access may be restricted, see the risk assessment below.

Additionally, we are required to keep a list of participants. Peter will maintain a list on the day, however, to assist organisation and contact tracing if needed you asked to text Peter in advance of your attendance on : 0418 221 042.

You will be marshalled in to groups no larger than 10 on the grass in front of the Club please observe social distancing prior to being allocated to a group.

### **PROCEDURES AND STANDARDS**

Paddlers are not to attend these sessions if:

1. You have flu like symptoms
2. Have been in direct contact with a known case of Covid 19 in the previous 14 days;
3. Have travelled internationally in the last 14 days;
4. Are at high risk from a health perspective, including elderly and those with pre-existing medical conditions

### **HYGIENE:**

Unless you are paddling from the car park with your own equipment then you should bring hand sanitiser; and if using shared equipment then be prepared to wash and sanitise everything you touch before replacing it in the shed/leaving the shed.

Change Rooms and the Gym will not be available for use during these squad sessions.

### **CONTINGENCIES**

If a positive Covid 19 case occurs, the Squad sessions will be cancelled immediately until the Club has had a deep clean.

### **NON COMPLIANCE**

The Club will sanction any individual for any non-compliance from these directions and Level B protocol.

### **EVALUATE:**

This risk assessment will be re-evaluated and any changes will be communicated with all paddlers. Please advise the Club if you have any concerns.

## MWKC Club Training Squad - Tuesday/Thursday 4.30pm RISK REGISTER AND PROPOSED CONTROLS

*All participants are to abide by these protocols or risk suspension from this activity or the Club*

Specific Risk	Sub-Risk (where appropriate)	Inherent Risk level	Controls implemented	Residual Risk level	Person(s) responsible	Brief Comments (e.g. monitoring methods)
Airborne Transmission outdoors	Large groups of people.	Medium	Groups no larger than 10 can train together.	Low	Peter Grimes	Participants to be allocated to groups on arrival. Please advise attendance beforehand to Peter 0418 221 042
	Insufficient physical distancing	Medium	Minimum spacing of 1.5 m both on land and water.	Low	All paddlers	Maintain spacing of greater than one paddle length from each other
Airborne Transmission indoors	Use of boat shed by excessive numbers of people	High	As per AIS guidelines for boatsheds - Maximum one person per 4 m <sup>2</sup> . For this activity a maximum of 4 people to occupy shed at one time.	Low	Peter Grimes or delegated	Plan to arrive early Do not enter until permission granted.
Contamination from boats or paddling equipment	n/a	High	Bring your own boat and paddle. If using club craft allow time to sanitise with detergent that you should bring.	Low	All	You are responsible for the hygiene of all equipment
Contamination from door handles/roller door switches	n/a	High	Front door to be propped open. Roller door to be opened by first person on arrival. Use sanitizer attached to door.	Low	All	Wipe handle and door button clean with wipe after using
Contamination from hose or tap handle	n/a	High	Do not use the hose and do not operate the tap. Wash your boat at home. If you must wash your boat to store in the shed use gloves and sanitizer and sanitise the hose and tap after use.	Low	All	You are responsible for your hygiene and for leaving the tap and hose clean for the next user.

<i>Contamination from use of communal facilities</i>	<i>Change rooms</i>	<i>High</i>	<i>Change rooms remain closed for the purposes of squad training</i>	<i>Low</i>	<i>All</i>	<i>Arrive in paddling gear and change/shower at your car or at home</i>
	<i>Gym</i>	<i>High</i>	<i>Gym remains closed and not to be used</i>	<i>Low</i>	<i>All</i>	<i>n/a</i>
<i>Personal infection Control</i>	<i>Possible prior Covid-19 exposure</i>	<i>High</i>	<i>If you display flu like symptoms, or have been in direct contact with a known Covid 19 case, or have travelled internationally in the last 14 days:- YOU MUST NOT ATTEND</i>	<i>Low</i>	<i>All</i>	<i>Do not attend</i>
<i>High Risk Person</i>	<i>Elderly or pre-existing medical conditions</i>	<i>High</i>	<i>If you are elderly or have any underlying medical conditions you are advised not to attend</i>	<i>Low</i>	<i>As appropriate</i>	<i>Do not attend</i>
<i>Insufficient contact tracing</i>		<i>Medium</i>	<i>Please let Peter know if you will be attending in advance via text or email to establish a register for contact tracing</i>	<i>Low</i>	<i>All</i>	<i>Peter will also keep a list on the day</i>

