MWKC - COVID-19 Virus Advice update 25-5-2020

The health of all our club members is of paramount importance. Following further advice from the Federal Government and Paddle Australia the MWKC remains closed.

Only members, **four** at a time, can enter the boat shed to access your boat and to return your boat to the boat shed. Non-members are not allowed in the boatshed. All club facilities ie change rooms, toilets, gym, club room and club equipment, racks, hose, club boats etc are closed and must not be used. The **four** people rule applies **INSIDE** the boat shed when picking up or dropping of craft.

Updates to the gathering and distancing rules allow groups of **10** to gather **OUTSIDE** and paddle as a group in single craft (or doubles for members of the same family), provided they maintain the distance rules of **1.5m** separation.

The only permitted club squads are subject to a separate risk assessment. To participate in these squads you must comply with the details of the risk assessments.

MWKC protocols:

- 1. All MWKC club races are cancelled until further notice as per P.A. advice, training sessions are limited to those subject to a separate risk assessment eg MWKC Tues/Thur afternoon squad and Sat/Wed Juniors training squad.
- 2. Only **four** members of the MWKC are permitted in the boat shed collecting or returning boats at one time maintaining 1.5m distance (4m2 indoor spacing). There is no other reason for you to be in the boat shed. Come dressed ready to paddle, don't change in the boat shed, "get in and get out" (P.A. guidelines) and return to your car.
- 3. Wash your hands regularly and often, the Covid19 virus can be transmitted person to person, through the air and via surfaces. The gym, clubroom upstairs, toilets and change rooms are closed. Adult members must not use club boats, juniors must follow the junior protocol. Do not use racks, the hose, chamois, buckets etc. Please be aware doorknobs, buttons and other surfaces are risk areas when entering and leaving the club. Read the PA guidelines regarding your paddles and equipment.
- 4. The principles of social distancing i.e. minimum 1.5 metres separation between individuals must be practiced at all times inside and outside the club.
- 5. Paddlers who are over 70 or unwell, symptomatic, or who have returned to Australia within the last 14 days, or who have been exposed to anyone that has COVID-19 within the last 14 days should not attend the boat shed premises and should seek medical advice. Paddlers with pre-existing medical conditions that are known to be impacted by COVID-19 are advised not attend the boat shed premises until further notice.
- 6. There will be no meetings inside the boat shed by the committee, groups, squads or members until further notice. MWKC business will be conducted via email, mobile phone, zoom and club messages issued via email, facebook, website and the noticeboard. We recommend you like/follow the MWKC Facebook site.
- 7. Contact Tracing: Squads are required to keep record of all participants and lodge them with the club secretary. When visiting the club turn on your Covid App and note your attendances in the log near the entrance with your own pen.
- 8. Any club member who tests positive to Covid 19 must report the test to the club secretary immediately to assist contact tracing, stay away from the club and environs for a minimum 14 days and send a copy of your Covid 19/doctor report stating you are no longer contagious before attending the club.

We are encouraging members to watch out for each other, use common sense and observe the rules set down by the government. All members participate in kayaking at their own risk. Risk assessments have been completed for MWKC Junior squads and MWKC Tues/Thurs squads.

Non-compliance will result in your key being switched off and/or the club locked.

Guidelines have been issued by Paddle Australia and the Government. See https://paddle.org.au/coronavirus-covid-19-advice-links/

The Board of MWKC mwkc.secretary@gmail.com
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